

Virtual Retreat Menu

I am interested in this model option:

- parish community retreat
- small prayer group retreat
- individual retreat

I am interested in this format option:

- One Day Virtual Event:
Paying Attention to God
 - Includes short welcome and six prayer reflections
 - Includes digital workbook/prayer journal
 - Includes live 30-minute conversation with Dan via Zoom at the end of the retreat

- Two Day Virtual Event:
Day One: *Paying Attention to God*
Day Two: *Staking Our lives on Jesus*
 - Includes short welcome and twelve prayer reflections
 - Includes digital workbook/prayer journal
 - Includes live 30- minute conversation with Dan via Zoom at the end of the retreat

- Three Day Virtual Event:
Day One: *Paying Attention to God*
Day Two: *Staking Our lives on Jesus*
Day Three: *Sent as Disciples of Hope*
 - Includes short welcome and eighteen prayer reflections
 - Includes digital workbook/prayer journal
 - Includes live 30-minute conversation with Dan via Zoom at the end of the retreat

NOTE: For two-day virtual event option, Day Three: *Sent as Disciples of Hope* can be substituted for Day Two: *Staking Our lives on Jesus*. However, Day One: *Paying Attention to God* cannot be substituted as it's the foundation for the retreat.

I am interested in this broadcast option:

- Self-directed retreat for each day
 - Retreatants individually log in each day and work at their own pace
 - Retreatants log into Zoom and work through the sessions together.

- Community retreat for each day
 - Retreatants gather physically in one place using safety protocols
 - Retreatants gather virtually from their homes for communal Zoom session

- I am interested in including a live “in-person” conversation with Dan at the end of the retreat