

*the journey continues*

# **A PATH TO HOPE**

AN INDIVIDUAL VIRTUAL RETREAT  
WITH DAN SCHUTTE

---



## **RETREAT WORKBOOK**

These materials are protected by United States copyright  
and may not be copied or distributed without the expressed written consent  
of the copyright owner or his legal delegates.

**© 2021, Daniel L. Schutte. All rights reserved.**

# A PATH TO HOPE

---

## INTRODUCTION

I've designed this workbook to be a resource and prayer journal. If it helps you to enter into the journey of these days, use it well. If it doesn't suit your needs, ignore it. The most important thing is that you learn to pay attention to how the Holy Spirit is leading you. Sometimes writing things down can be a great help.

I suspect that as we listen to a song or reflection, the most significant moment is past and gone before we know it. Use this workbook, then, to write down anything that captures your attention, the moment that speaks to your heart. Make a note of the words and images you want to remember so you can come back to them and allow God to deepen their effect on you.

At the end of each reflection, I've included a series of questions to help deepen your experience. But don't allow these to distract you from your own journey. Use them as a tool. They are there for those days when you might need help in centering your thoughts. Always trust that God will take you exactly where you need to go.

# A PATH TO HOPE

---

## WELCOME

I invite you to begin your journey with the “Welcome Video” where I set the stage and lay the foundation for the retreat. In it I offer some instructions for how to pay attention to the working of the Holy Spirit as you make the journey through these days.

## PRAYER

*Come Holy Spirit, fill the hearts of your faithful.  
Kindle in us the fire of your love.  
Send forth your Spirit, and we shall be recreated  
And you shall renew the face of the earth.*

## DAY ONE: Paying Attention to God

### SEND US YOUR SPIRIT

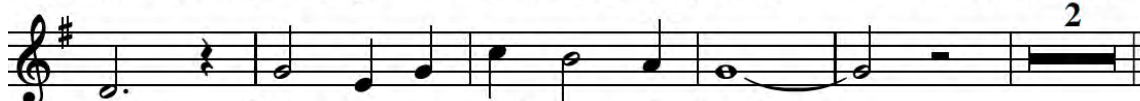
Dan Schutte



1. Send us your spir - it, O Lord. Eve - ning en - folds us and
2. Hold us with mer - cy, O Lord. Sor - row has spo - ken, has
3. Teach us your wis - dom, O Lord. Shad - ows have cloud - ed, have
4. Send us good sum - mer, O Lord. Win - ters have chilled us, and



1. holds us too near. Wake the morn - ing light. Make our liv - ing
2. bro - ken our hearts. Clothe us in your care. Be the life we
3. crowd - ed our sight. Give us hearts that see. Set our lov - ing
4. stilled us too long. Give us love's own fire. Be our true de -



1. bright. Shine on our dark - ness, O Lord.
2. bear. Feed us and fill us, O Lord.
3. free. Hear us and help us, O Lord.
4. sire. Send us your spir - it, O Lord.

© 1985, Daniel L. Schutte and New Dawn Music. Published by OCP Publications. All rights reserved.

## **PRAYER NOTES:**

God communicates with us through those moments that move our hearts. Was there a moment that really touched my heart? Any words or phrases that spoke to me?

Did I find myself resisting the prayer exercise where I acknowledge the presence of God in the very breath that gives me life?

How did I feel during the prayer time? Did I feel peaceful? Did I feel unsettled? How?

God always provides what we need. Do I, however, have a need that God has not addressed? Has God perhaps answered that need in a way I might not have recognized?

How might I foster the awareness of God's presence? When I imagine the Spirit as breath or wind, what feelings emerge for me?

## DAY TWO: A Deep Down Hunger

### PSALM 63: MY SOUL THIRSTS

Dan Schutte

My soul thirsts for you, Lord, like the desert thirsts for rain.

It is your face I long for; you alone are life to me.

1. I have walked in your temple,  
and seen your mighty deeds.  
Your love, O Lord, means more to me,  
than all my days of life.
2. I can count on your mercy  
to feed my hungry heart,  
for when I lift my hands in need,  
a banquet you provide.
3. I will make my dwelling  
in the shelter of your wings.  
Your hand, O Lord, will keep me safe  
through darkest night and day.

Text: Based on Psalm 63:2-9. Text and music © 1978, 1989, Daniel L. Schutte. Published by OCP Publications.  
All rights reserved.

## **PRAYER NOTES:**

Was there anything in particular that grabbed my attention? Any words or phrases?

The deep hunger that resides in our soul expresses itself in number of different ways. What are some of the ways I experience those longings?

Have I ever experienced what I would call the fullness of joy? What did it feel like?

When I experienced such a moment, what people, sounds, smells and images came to mind?

What do I hope heaven will be like?




## DAY THREE: Who Do You Say That I Am

### ONLY THIS I WANT


Dan Schutte

Refrain




On - ly this I want: but to know the Lord,  
and to bear his cross, so to wear the crown he wore.

Verses



1. All but this is loss, worth-less ref-use to me,  
2. I will run the race; I will fight the good fight,  
3. Let your heart be glad, al - ways glad in the Lord,



1. for to gain the Lord is to gain \_\_\_ all I need.  
2. so to win the prize of the king-dom of my Lord.  
3. so to shine like stars in the dark-ness of the night.

to Refrain

Text based on Philippians 3:7-16; 2:15, 18. Text and music © 1981, OCP. All rights reserved.

## **PRAYER NOTES:**

Was there anything in particular that grabbed my attention? Any words or phrases?

How would I describe my relationship with Jesus of Nazareth? How do I think Jesus would describe his relationship with me?

How would I characterize my relationship with God as Creator and God as Holy Spirit? At this point in my life, do I find myself drawn toward one Person of the Trinity more than the others?

What do I think God thinks of me?

Is there something important that I'd like to remember?

## DAY FOUR: Companions on the Journey

### SAINTS AND BELOVED OF GOD

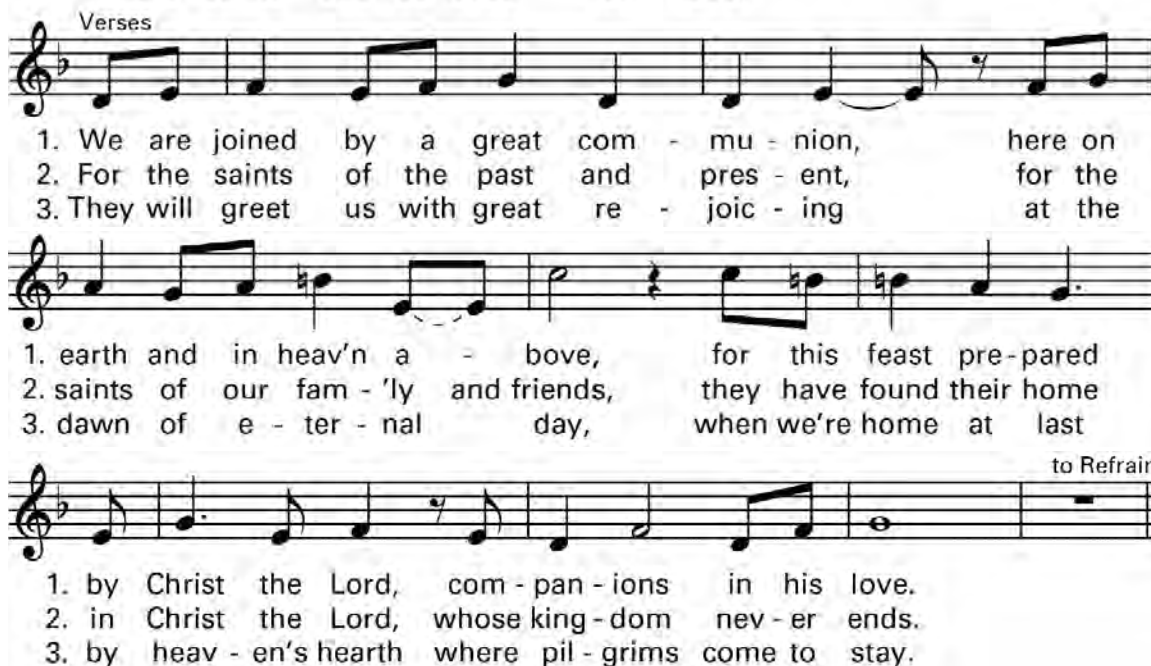
Dan Schutte

Refrain



In ev-ery place and time the bless-ed walk a -  
mong us. There's a might - y throng that stands at our side,  
the saints and be-loved of God.

Verses



1. We are joined by a great com - mu - nion, here on  
2. For the saints of the past and pres - ent, for the  
3. They will greet us with great re - joic - ing at the  
1. earth and in heav'n a - bove, for this feast pre-pared  
2. saints of our fam - 'ly and friends, they have found their home  
3. dawn of e - ter - nal day, when we're home at last  
to Refrain

1. by Christ the Lord, com - pan - ions in his love.  
2. in Christ the Lord, whose king - dom nev - er ends.  
3. by heav - en's hearth where pil - grims come to stay.

© 2016, Daniel L. Schutte. Published by OCP, 5536 NE Hassalo, Portland, OR 97213. All rights reserved.

# A PATH TO HOPE

---

## LOOKING BACK

As you end this retreat, look back over these days and give thanks for those special moments of God's favor. Were there any highlights that you'd like to carry with you as you move forward? Any particular insights or graces that might help you on your journey? If it'd help to write them down, you can do so here.

